

RATTLING THE CAGE

Tony Reid- If you could choose one fight from your career that every MMA fan should see, which one would you choose and why?

Paul Daley- Any, as long as it's a fight I win. Most of my fights end with me finishing by TKO or KO. If there's any reason to watch my fights its because I work to finish.

Tony Reid- If you could fight anyone in any weight class who would you choose to fight and why?

Paul Daley- In MMA right now it would be KJ Noons, he seems like a really arrogant idiot.

Tony Reid- What is the craziest thing that has ever happened during training? (Something in the gym that the public might not be aware of)

Paul Daley- I actually take people down and submit them, in training...lol.

Tony Reid- At one point in your career you fought 12 times in a years time. What was the most memorable thing that happened during that time?

Paul Daley- Did I?? Wow! That's a lot of fights, I have a lot of stories from those days, it was a bit like a Rock/Hip Hop band on tour, I will leave it at that, we'd drive up and down the UK, fly around the world...was a lot of fun.

Tony Reid- You are a young guy (27) with a ton of experience (37 fights). Can you talk about how valuable it is to have that much experience at such a young age?

Paul Daley- It was always my plan to fight as much as possible, I feel that actual fight experience is invaluable. I'm so relaxed when I'm in the cage, I'm at home there. I tend to see things coming because of this, and do my best to react appropriately.

Tony Reid- 100 (fights) is a number you have thrown out there in the past as a goal to reach before the end of your career. What do you hope to accomplish in the 60+ fights left in your career?

Paul Daley- I'm going to be Strikeforce champ, I'd like to continue to be a fighter fans come out to see, even 60 fights down the line, still knocking people out. I'd also like to do an Overeem, and win a major kickboxing title, It's Showtime or K1 or maybe even the S CUP.

Tony Reid- Have you watched any of this past season of TUF? If so, after seeing Koscheck being such a douchebag does it make you want to hit him again?

Paul Daley- Nah, don't really watch them to be honest. I think it's kinda worn out now.

Tony Reid- After having such a successful debut with Strikeforce is there any interest in getting back into the UFC at some point?

Paul Daley- Not right now. My goal right now is to be STRIKEFORCE Champ and finish my contract with them still as champ. My first experience of Strikeforce was a really good one and I like the team there, this is my sole focus.

Tony Reid- Have you or your management been in contact with anyone with the UFC? (Dana, Lorenzo, Joe Silva, etc.)

Paul Daley- No. Not with regards to me fighting there, but my manager has a few UFC fighters, so he speaks to them often.

Tony Reid- You recently called out KJ Noons and to a degree, Nick Diaz as well. How do you see a fight with you and KJ playing out? As well as a fight with you and Nick playing out?

Paul Daley- I would KO KJ in 1 round and Nick within 3.

Tony Reid- You are well known for your striking and especially your knockout power. If you could get the chance to knock someone out outside the world of MMA, who would it be?

Paul Daley- Gonna disappoint you, I don't have beef with no one right now, I'm real happy where I'm at, things are good.

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